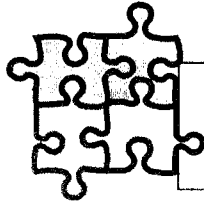


Name: _____



TAP
Titan Life & Career
Curriculum

ANNUAL GOALS HANDOUT

Essential Questions: What do I want to do with my life?
What do I want to accomplish this year?

WHAT DO YOU WANT TO ACCOMPLISH THIS YEAR?

You'll do better in school this year – and in life, generally – if you have clear goals you're working to achieve. What do you want to accomplish?

Your goals can be about academic achievement, extracurricular activities or anything else important to you.

Remember that each goal should be "SMART", that is:

- **Specific** rather than general (*Such as: "I want above a 3.0 GPA."*).
- **Measurable** by the types of classes taken, or grades, or attendance.
- **Achievable** or realistic for a high school student.
- **Rewarding** or positive rather than negative.
- **Time-oriented** and able to be finished by the end of the school year.

My GOALS FOR THIS YEAR:

1. Long-term Goal:

Steps to get to this goal:

A. _____

B. _____

C. _____

2. Long-term Goal:

Steps to get to this goal:

A. _____

B. _____

C. _____

3. Long-term Goal:

Steps to get to this goal:

A. _____

B. _____

C. _____
