



## CENTRAL VALLEY SCHOOL DISTRICT NUTRITION SERVICES

Phone: (509) 228-5415

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### PARENT/GUARDIAN INFORMATION LETTER “DIET PRESCRIPTION FOR MEALS AT SCHOOL” FORM

Due to OSPI (Office of Superintendent of Public Instruction) and USDA (United States Department of Agriculture) regulations, Central Valley School District **cannot replace or make any diet substitutions** unless we have a “Diet Prescription for Meals at School” form completed by your Licensed Physician/Recognized Medical Authority. This includes, but is not limited to, making substitutions for milk intolerances.

**A licensed physician is required to fill out the “Diet Prescription for Meals at School” form if the allergy is life-threatening.** Any recognized medical authority may fill out the form for all other food allergies or intolerances. **Each form is valid only for the current school year.**

#### **Definition of Recognized Medical Authority**

A recognized medical authority for the purposes of identifying the need for food substitutions in student's meals and for recommending alternate foods is defined as one of the following health care professionals:

1. A physician, either an M.D. (Medical Doctor) (RCW 18.71.011) or a D.O. (Doctor of Osteopathy) (RCW 18.57).
2. A licensed physician's assistant who is licensed to a physician and has prescriptive authority.
3. An advanced licensed registered nurse practitioner (ARNP) who has prescriptive authority. Prescriptions shall be signed by the prescriber with the initials ARNP and the prescriber's identification number assigned by the board (WAC 308-120-420).
4. A licensed Naturopathic Physician mentioned in the law relating to nursing care (RCW 18-79-260(1)).

Central Valley School District Nutrition Services provides standard food substitutions that are commonly available in the School District's warehouse. Please note, while we cannot substitute juice for any milk intolerance without the appropriate form, juice is available for purchase for \$0.50.

#### **TO PROCESS THE FORM PLEASE FOLLOW THESE STEPS**

- Please review the “Diet Prescription for Meals at School” form
- Give the form to your Licensed Physician/Recognized Medical Authority to complete
- Return the completed form to the School Nurse

Understand that if your child's medical or health needs change at any time, it is your responsibility to notify the School Nurse **and complete a new Diet Prescription For Meals at School Form with your Licensed Physician/Recognized Medical Authority.** Again, each form is only valid for the current school year. This form does not cover any texture modifications. If any texture modification is needed, please contact Special Services, 228-5500. Please don't hesitate to call with any questions: Nutrition Services, Cheryl Bales, at 228-5538, or the School Nurse Specialist, Cheryl Sampson, at 228-5522.